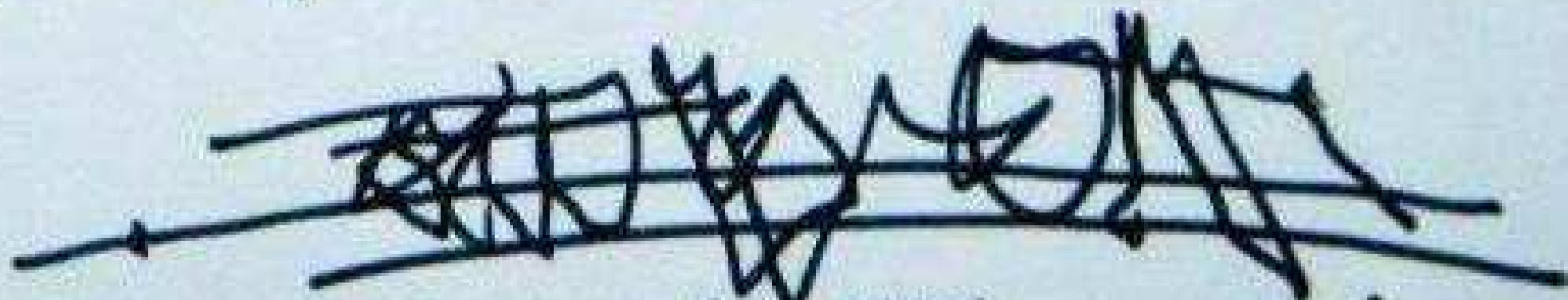


I am here to make you total. Whole.  
To be whole is to be holy. Nothing is to be  
denied. Contradictions have to be absorbed,  
so that harmony, a symphony arises.  
I don't want you to become monotonous.  
monotony is death. A life of ordinary indulgence  
is repetitive and so is the life of ordinary  
religion. The life of YOGA is tremendously rich.  
It is affirmative. It is saying YES to existence.  
Blessed are those in whom GOD has become  
a laughter, a song and a dance.



5.8.1976